



Job Title: Therapeutic Health and Recreation Specialist - Pediatric

Location: ExercisAbilities, Inc

2530 Broadway Ave N

Rochester, MN 55906

Job Description: The Pediatric Therapeutic Recreation and Health Specialist will lead the Therapeutic recreation and health program at EA Pediatrics leading services and programs in therapeutic play, adaptive physical fitness, group wellness classes for children and families, supervising and delegating to team support staff. You will supervise students, plan and execute creative programming, work closely with rehabilitation team and be responsible for the progress and success of all EA Pediatric participants and families in their health and wellbeing journey during and post rehabilitation. The Therapeutic Health Specialist will serve as a leader and mentor, teaching other THS staff and interns based on their developed experience. You will adhere to a regular schedule, independently manage the team case load, schedule, and plan of care of all responsible participants.

Starting wage: \$23.00/hour

Reports to: Director of Clinical Services

Status: Part-time hourly non-exempt with potential for full-time exempt if desired and grows program

Roles and Responsibilities:

- Lead innovative and intensive one-on-one specialized therapeutic play, adaptive physical fitness, health coaching and lifestyle change education with a wide variety of medical conditions.
- Record treatment provided and equipment used to maintain a medical record of the session as required (SOAP Notes)
- Work as part of a team with the multidisciplinary clinical team, peer THS staff, and all ExercisAbilities staff.
- Plan, organize and teach/lead specialized group workshops and classes, including but not limited to, Kidshape, Fit 4 Play, and specialized programming and camps.
- Will assist in community partner programming
- Will be an involved member of the entire team contributing to new programming ideas, planning and delivery of unique models of care.



- Provide all services with enthusiasm, positive energy, loud communication, and supportive energy to contribute to an improved health and wellness journey for all clients.
- Understand financial standing and maintain fiscal responsibility with all processes.
- Will volunteer and assist with internal fundraising and grant writing
- Answer phones in a friendly manner, as needed.
- Maintain full confidentiality of client records and information. HIPAA Training
- Should be able to articulate all offerings at ExercisAbilities and at our community partners to assist with marketing of all products, including Rehabilitation
- Assist with Marketing both external and internal
 - Will participate actively in any external community events such as exhibits, volunteering at activities, wearing logo shirts in community
 - Expected to promote ExercisAbilities even when not working
 - Will be self-motivated to initiate promotion of programming, ideas for marketing material, posting on Facebook.
- Supervise and direct intern students
- Supervise and direct Therapeutic Health and Rehabilitation Technicians

Job Requirements:

- Strength – Candidates must demonstrate sufficient upper body and trunk strength to assist with client lifting and completing locomotor training (assisted treadmill) skills. Must be willing to learn skill, receive feedback on technique, and deliver assist with treadmill training with no difficulties. Good flexibility and endurance strength required in all limbs and trunk to complete this task.
- No previous injuries to back, shoulder, neck, or other musculoskeletal condition that may be exacerbated by lifting, pushing, pulling, or moving in a repetitive way.
- Personality preferred is one that is outgoing, positive, and innovative. Exercisabilities strives to build a team able to promote health and wellness through exciting and positive personal interactions and each team member will be expected to bring a positive, motivating attitude every day.
- Desire to engage in on-the-job training as well as ongoing learning both onsite and offsite or through use of online learning.

Education	Minimum of a bachelor's degree required in an exercise, therapeutic recreation, adaptive PE or health science field. Must have an approved certification as listed below.
Experience	1-year experience preferred but not required. Certification or scheduled and ready to take certification in CAPE, EP, CTRS, CIFT, plus certification Health Coaching preferred.

Job Training Will provide on the job training for specialized therapeutic fitness and neurologic recovery if no previous experience. An overall interest in the healthcare field is required. CPR and first aid required.

PHYSICAL DEMAND CAPACITY: (Generic Clinical Staff Member)

Consistent with published industry PDC norms or minimally:

- Requires the manual dexterity and general strength and endurance
- Lifting—routinely loads of 5-35 pounds from
 - Floor to waist
 - Waist to shoulder
 - Shoulder to overhead
- Carrying—routinely loads of 5-10# for 40-50'
- Pushing---routinely loads of 5-150# on casters, runners, or pulleys
- Sustaining a grip---routinely for 1-2 minutes of 40-50#
- Guarding a “lift load” routinely of 120-140#

EXPOSURE DETERMINATION:

- Has the potential for Hazardous Substance Exposure due to work duties
- Has the potential for Bloodborne Pathogen Exposure due to work duties

HIPAA STATUS:

- Has been determined as eligible for access to/use of PHI & EPHI based on work duties and responsibilities in compliance with ‘minimal necessary’ standards
- All employees of the ExercisAbilities, Inc will be compliant with all HIPAA/HITECH regulations within the scope of duties, including but not limited to management, administrative, financial, and operational and/or support services.
- As an employee in this position I may have access to Protected Health Information (PHI) which could be in oral, written, electronic, visual, pictorial, physical, or any in any other format or medium. I may only use and/or disclose information on a ‘minimum necessary’ basis and will do so in full compliance with the ExercisAbilities, Inc HIPAA/HITECH policies and procedures. I acknowledge that I am subject to investigation and/or disciplinary action should I fail to comply as noted above.



The above statements are intended to describe the general nature and level of work performed in this position. They are not intended to be an exhaustive list of all responsibilities, duties and skills required.

My signature indicates that I understand and agree to fulfill the position description as reflected above and that I have been given the opportunity to discuss and request clarification of any duties and/or responsibilities noted. Additionally, I agree to be compliant with all Federal, State and Local regulations and policies and procedures of ExercisAbilities, Inc

Employee's Signature

Date

Executive Director's Signature

Date