

Specialized Pediatric Therapy Camps Summer 2019

Flexible, Capable Me- Learning Social Skills with Friends

Individuals with social learning challenges (ASD, ADHD, and other behavioral difficulties) may find social skills incredibly complicated. Age appropriate social skills facilitate interactions and communication with others both verbally and nonverbally. ***Social Thinking*** is a treatment framework developed by Michelle Garcia Winner that teaches the “why” behind improving social behavior and social interactions. ***Social Thinking*** is a way to strengthen a child’s social skills and problem solving by helping the child figure out how to think differently and flexibly in any social situation. Taught by professional Speech Therapy and counseling staff.

In this camp, your child will:

- Learn how to observe and think about one’s own feelings and how these feelings affect others
- Learn about the connection between thoughts, feelings and behaviors
- Learn about hidden social rules and socially expected and unexpected behaviors
- Compare the size of one’s reaction to the size of the problem
- Create a deeper understanding of emotions and understand the influence of emotions on others
- Try a variety of healthy food options during snack
- Engage in arts and crafts for fine motor coordination learning and creativity exploration
- Participate in fun fitness activities to improve concentration and practice turn taking cooperation skills

Participation Requirements:

- Your child is able to participate in small groups without large behavioral events without parent.
- Your child can verbalize needs and follow basic instructions.
- Ages: Entering 2nd – 5th grade (age 7-11)*

Dates

July 8-12th (Beginner) and 15-19th (Intermediate) **OR** August 5-9th (Beginner) and 12-16th (Intermediate)

Time: 9:00AM to 11:30AM Monday - Friday

Limit of 10 children per week, sign up soon!

Location: Silver Lake Fire Hall

[Sign up here!](#)

Or on our website!

**Some flexibility available, call with interest if not in age range.*

Watch this video to learn more! <https://www.youtube.com/watch?v=otjOZ8BT6I>